

Packing Essentials

- Passport & ID (plus photocopies)
- Travel insurance documents
- Euros, credit/debit cards
- Universal adapter & chargers
- Prescription medication
- Phone with offline maps

Clothing

- Everyday wear (comfortable, breathable)
- Smart casual for evenings
- Walking shoes + sandals
- Seasonal extras (see Seasonal Guide)

Accessories

- Sunglasses and hat
- Scarf/shawl (for churches)
- Lightweight day bag or crossbody
- Reusable water bottle
- Small umbrella

Toiletries & Personal Care

- Basic toiletries (toothbrush, deodorant, skincare)

- Sunscreen
- Travel-size shampoo/conditioner
- Hairbrush/comb
- Medications

Packing for Parents with Children

- Snacks & water for kids
- Entertainment for flights/trains
- Lightweight stroller or baby carrier
- Child-safe sunscreen
- Spare clothes

Spring (March–May)

- Light layers (t-shirts, long sleeves, cardigans)
- Light jacket or trench coat
- Comfortable walking shoes
- Umbrella or lightweight raincoat
- Scarf for cooler mornings/evenings

Summer (June–August)

- Breathable fabrics (cotton, linen)
- Sun hat or cap
- Sunglasses
- Sunscreen (high SPF)

- Comfortable sandals
- Refillable water bottle

Autumn (Sept–Nov)

- Layering pieces (shirts, sweaters, light jacket)
- Cardigan or pullover for evenings
- Waterproof shoes or boots
- Umbrella or compact rain jacket
- Neutral layers for mix-and-match

Winter (Dec–Feb)

- Warm coat or parka
- Scarf, hat, and gloves
- Boots suitable for rain or occasional frost
- Thermal layers (especially for January/February)
- Wool sweater or fleece

Extras for Different Occasions

Sightseeing

- Comfortable walking shoes (cobblestones & long distances)
- Portable charger/power bank
- Camera or phone with extra storage

- Lightweight backpack for day use
- Sunglasses & hat
- Guidebook or offline map app

Comfort & Wellbeing

- Refillable water bottle
- Light snacks (nuts, granola bars, protein bars)
- Small first-aid kit (band-aids, blister plasters, pain relief)
- Travel-sized hand sanitiser & tissues
- Foldable umbrella or sun visor
- Cooling towel or fan (for hot summer days)

Tech & Connectivity

- eSIM or local SIM card for data
- Noise-cancelling headphones
- Universal adapter with USB ports
- Portable Wi-Fi hotspot (for work or group travel)
- Travel cable organiser
- Tablet or Kindle for reading on trains/flights

Evening Dining & Nightlife

- Dressier outfit (shirt/dress, trousers, or skirt)
- Smart but comfortable shoes (no stilettos on cobblestones)

- Compact clutch or slim wallet
- Light jacket or shawl for cooler evenings
- Minimal jewellery or watch
- Small fragrance or cologne

Religious & Cultural Visits

- Modest clothing (shoulders and knees covered)
- Scarf or shawl (multi-purpose cover-up)
- Closed-toe or neat sandals
- Crossbody bag (hands-free, easy for security checks)
- Small guidebook or app for historical context

For Her

- Dresses/skirts for evenings
- Flats & comfortable sandals
- Makeup & hair accessories
- Light jewellery

For Him

- Polo/button-downs for evenings
- Lightweight jacket
- Grooming kit

- Comfortable walking shoes